

St. Patrick's Catholic Primary School
PSHE and RSE (including Rights Respecting): Long Term Overview

For each Ten:Ten unit, allow 15 minutes at the start and 15 minutes at the end to complete the Assessment Activities.
Allocate additional time for guided prayers and song time.

Week Commencing	PSHE	Ten:Ten Life to the Full	Liturgical/Global Calendar	Rights Respecting
4.9.23	EYFS			September
11.9.23	Self-regulation: My feelings 1: Identifying my feelings 2: Feelings jars 3: Coping strategies 4: Describing feelings	Module 1 Unit 1 EYFS – Our world Yr 1/2 – We belong Yr 3/4 – Tell Zog Yr 5/6 – A faithful God	13.9.23: Positive thinking day	Article 15: The right to meet with other children and join groups.
18.9.23	5: Facial expressions 6: Creating a calm corner		21.9.23: International Day of Peace	
25.9.23	Cycle A		26.9.23: European day of languages 29.9.23: Macmillan Coffee Morning	
2.10.23	Yr 1/2 – Family and relationships		Black History Month begins	October
9.10.23	1: Family 2: Friendships		Other faiths week – Judaism 10.10.23: World mental health day	Article 24: Children have the right to good quality health care, clean water, nutritious food and a clean environment so that they will stay healthy.
16.10.23	3: Families are all different 4: Other people's feelings 5: Getting along with others. 6: Friendship problems 7: Gender stereotypes. Yr 3/4 – Families and Relationships 1: Friendship issues and bullying. 2: The effects of bullying. 3: Stereotyping – gender.		Recycle Week 19.10.23: World values day 20.10.23: Show racism the red card	

	<p>4: Stereotyping – Age/disability. 5: Healthy friendships – boundaries. 6: Learning who to trust. 7: Respecting differences. 8: Change and loss – bereavement.</p> <p>Yr 5/6 – Families and Relationships</p> <p>1: What makes a good friend. 2: Respect. 3: Respecting myself. 4: Marriage. 5: Bullying. 6 Stereotyping. 7: Challenging stereotypes.</p>			
30.10.23	<p>EYFS – Building Relationships: Special Relationships</p> <p>Cycle A</p> <p>Yr 1/2 – Health and Wellbeing</p> <p>1: Understanding my feelings.</p>	<p>Module 1 Unit 2</p> <p>EYFS – I am special</p> <p>Yr 1/2 – Me, my body, my health</p> <p>Yr 3/4 – All different, all loved</p> <p>Yr 5/6 – My beautiful body</p>	<p>1.11.23: All Saints day</p> <p>5.11.23: Bonfire night (firework safety)</p>	
6.11.23	<p>2: Relaxation</p> <p>3: What am I like?</p> <p>4: Ready for bed.</p>	Module 1 Unit 2 continued	<p>11.11.23: Remembrance Day</p> <p>12.11.23: Diwali</p>	<p>November</p> <p>Article 12: Children have the right to say what they think should happen and to have their opinion taken into account.</p>
13.11.23	<p>5: Handwashing and hygiene.</p>	Module 1 Unit 2 continued	<p>Anti-bullying week</p> <p>13.11.23: World kindness day</p> <p>17.11.23: Children in Need</p> <p>19.11.23: World toilet day</p>	
20.11.23	<p>6: Sun safety.</p> <p>7: Allergies.</p>	Module 1 Unit 2 continued	<p>Road Safety Week</p> <p>21.11.23: Christ the King/ Youth Friday</p>	
27.11.23	<p>8: People who help us stay healthy.</p>	EYFS – Module 1 Unit 3 – Feelings, likes and needs	<p>28.11.23: Giving Tuesday</p> <p>30.11.23: Remembrance Day for lost species</p>	

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	Yr 3/4 – Health and Wellbeing		3.12.23: First Sunday of Advent	
4.12.23	1: My health diary. 2: Diet and dental health. 3: Relaxation – stretches.	EYFS – Module 1 Unit 3	7.12.23: Hannukah begins 8.12.23: Christmas jumper day 10.12.23: Human Rights day	December Article 2: This convention applies to everyone whatever their race, religion, abilities, whatever they think or say, whatever type of family they come from.
11.12.23	4: Wonderful me.	EYFS – Module 1 Unit 3		
18.12.23	5: My superpowers. 6: Celebrating mistakes. 7: Communicating my feelings. 8: My happiness.	EYFS – Module 1 Unit 4 – In my life	20.12.23: International Human solidarity day	
	Yr 5/6 – Health and Wellbeing			
	1: Relaxation 2: The importance of rest 3: Embracing failure 4: Going for goals. 5: Taking responsibility for my feelings 6: Healthy meals. 7: Sun safety.			
8.1.24	EYFS Managing self: Taking on Challenges	Module 2 Unit 1 EYFS – God’s family Yr 1/2 – Friends Yr 3/4 – Friendship cake		January Article 29: Education should develop each child’s personality and talents to the full.
15.1.24	Cycle A Yr 1/2 – Safety and the Changing Body	Yr 5/6 – Module 1 Unit 3 - This is me	18.1.24: Week of prayer for Christian Unity begins 21.1.24: World religion day	
22.1.24	1: Communicating with adults. 2: people who help to keep us safe. 3: Road Safety.	Module 2 Unit 2 EYFS – Friends and family Yr 1/2 – Being with others	24.1.24: International day of education 27.1.24: Holocaust remembrance day	

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	<p>4: Safety with medicines. 5: Making a call to the emergency services. 6: The difference between secrets and surprises.</p>	<p>Yr 3/4 – My relationships Yr 5/6 - Module 1 Unit 3 continued</p>		
29.1.24	<p>7: Appropriate contact 8: Personal boundaries.</p> <p>Yr 3/4 – Safety and the Changing Body</p>	<p>Module 2 Unit 2 continued Yr 5/6 - Module 1 Unit 3 continued</p>		
5.2.24	<p>1: Be kind online. 2: Cyberbullying. 3: Share aware. 4: Privacy and secrecy. 5: First Aid: Bites and stings. 6: Choices and influences.</p> <p>Yr 5/6 – Safety and the Changing Body</p> <p>1: Online friendships. 2: Staying safe online. 3: First Aid: Choking. 4: Alcohol. 5: Drugs, alcohol and tobacco: Influences.</p>	<p>Module 2 Unit 2 continued Yr 5/6 - Module 1 Unit 3 continued</p>	<p>Children’s mental health week 6.2.24: Safer internet day 10.2.24: Chinese New Year 14.2.24: Ash Wednesday</p>	<p>February Article 17: Access to information from the media.</p>
19.2.24	<p>EYFS – Self-regulation: Listening and following instructions</p> <p>Cycle A Yr 1/2 – Citizenship</p>		20.2.24: World day of social justice	
26.2.24				
4.3.24		<p>EYFS – Module 2 Unit 3 – My body</p>	8.3.24: International women’s day	March

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	<p>1: Rules. 2: Similar, yet different. 3: Belonging. 4: Job roles in the community. 5: Our school environment. 6: Our local environment.</p>	<p>Yr 5/6 – Module 2 Unit 3 – Life online</p>		<p>Article 14: Children have the right to practise their religion.</p>
11.3.24		<p>EYFS – Module 2 Unit 3 continued</p> <p>Yr 5/6 – Module 2 Unit 3 continued</p>	<p>13-24.3.24: The big legal lesson (Young citizens)`</p>	
18.3.24	<p>Yr 3/4 – Citizenship 1: Recycling/reusing. 2: Local community buildings and groups.</p>	<p>EYFS – Module 2 Unit 3 continued</p> <p>Yr 5/6 – Module 2 Unit 3 continued</p>	<p>18.3.24: Global recycling day 20.3.24: International day of happiness 22.3.24: World water day 22.3.24: National Stephen Lawrence day</p>	
25.3.24	<p>3: Local council and democracy. 4: Rules. 5: Rights of the child. 6: Human rights.</p> <p>Yr 5/6 – Citizenship 1: Breaking the law. 2: Prejudice and discrimination. 3: Protecting the planet. 4: Contributing to the community. 5: Rights and responsibilities. 6: Parliament and national democracy.</p>	<p>EYFS – Module 2 Unit 3 continued</p>		
15.4.24	<p>EYFS – Building Relationships: My Family and Friends Cycle A Yr 1/2 – Economic Wellbeing 1: Money</p>	<p>Module 3 Unit 1 EYFS – All together Y1/2 – Thinking about God Y3/4 – God and me Yr 5/6 – Module 1 Unit 4 – Life cycles</p>		

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	2: Needs and wants. 3: Looking after money. 4: Banks and building societies. 5: Jobs.			
22.4.24		Module 3 Unit 1 continued Yr 5/6 – Module 1 Unit 4 continued	22.4.24: Earth day	
29.4.24	Yr 3/4 – Economic Wellbeing	Yr 5/6 – Module 1 Unit 4 continued		
6.5.24	1: Spending choices. 2: Budgeting.	Yr 5/6 – Module 1 Unit 4 continued	National walking month begins	May Article 30: Children have the right to an education. Discipline in schools should respect children's dignity.
13.5.24	3: Money and emotions. 4: Jobs and careers.		Knife crime awareness week	
20.5.24	5: Gender and careers. Yr 5/6 – Economic Wellbeing 1: Borrowing. 2: Income and expenditure. 3: Prioritising spending. 4: Risks with money. 5: Careers.		Walk to school week 25.5.24: Africa day	
3.6.24	EYFS – Managing Self: My Wellbeing Cycle A Yr 1/2 – Transition Yr 3/4 – Transition Yr 5/6 – Transition	Module 3 Unit 2 EYFS – Helping out Yr 1/2 – Me and my community Yr 3/4 – Love in action Yr 5/6 – Module 3 Unit 1 – Loving our neighbour	Gypsy Roma and Traveller history month begins 5.6.24: World Environment day	June Article 6: Live a full life. (Life, survival and development).
10.6.24	Year 6 only – Identity	Yr 5/6 Module 3 Unit 1 continued	Healthy eating week	
17.6.24	1: What is identity? 2: Identity and body image.	Yr 5/6 Module 3 Unit 2 - Created to live in community	17.6.24: Clean air day 20.6.24: World refugee day 22.6.24: Windrush day	
24.6.24				
1.7.24			Plastic free July begins	July Article 31: Children have the right to relax,
8.7.24				

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15.7.24	ST. ...		18.7.24: Nelson Mandela day	play and to join in a wide range of activities.
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